

1. An apparatus for mastopexy with augmentation, the apparatus comprising:
 - a vessel of an elastomeric material shaped as an outer covering of predetermined form and size;
 - a filler to maintain a volume of the vessel;
 - a back wall forming a surface for contact with tissue posterior thereto; and
 - a plurality of anchors extending substantially homogeneously from within and extending from said vessel a distance selected to stabilize the anatomical position thereof and support gravitational loading thereon.
2. The apparatus of claim 1, wherein the filler is selected from the group consisting of water, saline, silicone, silicone gel, sugar, hydrogel, and a combination of two or more thereof.
3. The apparatus of claim 1, wherein the plurality of anchors extend directly and substantially homogeneously from the back wall.
4. The apparatus of claim 1, wherein the elastomeric material is selected from the group consisting of a polymer, a reinforced polymer, an expanded polymer, and a combination of at least two thereof.
5. The apparatus of claim 4, wherein the polymer is an elastomer.
6. The apparatus of claim 5, wherein the elastomer is a silicone compound.

7. The apparatus of claim 6, wherein the silicone compound is dimethylsiloxane.
8. The apparatus of claim 4 wherein the back wall comprises at least one embedded fiber.
9. The apparatus of claim 8, wherein at least two embedded fibers cross one another.
10. The apparatus of claim 9, wherein the at least two fibers cross at substantially a right angle.
11. The apparatus of claim 9, wherein the at least two fibers cross at an acute angle.
12. The apparatus of claim 8, wherein the at least one embedded fiber runs in substantially a superior-inferior direction.
13. The apparatus of claim 8, wherein the at least one embedded fiber runs in a substantially medial-lateral direction.
14. The apparatus of claim 8, wherein the at least one embedded fiber extends diagonally with respect to a medial-lateral direction and a superior-inferior direction.

15. The apparatus of claim 1, wherein the plurality of anchors comprises a substantially homogeneous extension of the vessel to receive a suture therethrough.

16. The apparatus of claim 1, wherein the plurality of anchors comprises sutures.

17. The apparatus of claim 1, wherein the plurality of anchors include a first anchor located at about the ten o'clock position and a second anchor at about the two o'clock position with respect to the back wall.

18. The apparatus of claim 1, wherein the back wall is substantially circular and the plurality of anchors comprises anchors located at about the ten o'clock, two o'clock, five o'clock, and seven o'clock positions with respect to the back wall.

19. The apparatus of claim 1, wherein the plurality of anchors includes a pre-positioned suture with a and surgical needle fixed directly thereto.

20. The apparatus of claim 19, wherein the surgical needle has a protective covering to prevent rupture of the pocket and leakage of filling material.

21. A method for mastopexy with augmentation, the method comprising:
preparing a patient for mastopexy with augmentation;
anesthetizing a patient;
initiating mastopexy surgical incisions;
removing excess skin and tissue;
creating a pocket for receiving an apparatus as a prosthesis;
inserting the apparatus into the pocket;
orienting the apparatus;
anchoring the apparatus by suturing one or more anchors at anatomical locations on the patient to restrain the lateral-medial movement thereof and support the gravitational load of the apparatus on the mastopexy surgical incisions; and
closing surgical incisions.

22. The method of claim 21, wherein anchoring is selected from a procedure calculated to reduce complications selected from the group consisting of contracture, rupture, scar formation, deflation, and excessive firmness.

23. The method of claim 22, wherein contracture is thickening, firmness, or contraction of the layer of tissue around the breast prosthesis apparatus.

24. The method of claim 21, wherein anesthetizing further comprises administering a form of anesthesia selected from the group consisting of local anesthesia, intravenous sedation, laryngeal mask airway, regional anesthesia, general anesthesia, and a combination of at least two thereof.

25. The method of claim 21, wherein initiating a mastopexy surgical incision further comprises incision with a surgical knife selected from the group consisting of scalpel, laparoscope, and laser.

26. The method of claim 25, wherein a surgical incision is made at a position selected from the group consisting of inframammary, periareolar, axilla, and abdominal locations.

27. The method of claim 21, wherein inserting is completed at an anatomical location selected from subglandular and submuscular locations.